

HOPE & HEALING

Trauma Awareness for All Ages

Presented by:



Community Violence Intervention
BEHAVIORAL HEALTH

Our goal is to help families understand trauma, find ways to heal, and build resilience together.

In this presentation for young people ages 6-24 and their parents/guardians, you'll learn:



What Trauma Is

Understand trauma and how it can affect individuals and families.



Symptoms

Learn to recognize signs that someone may be impacted by trauma.



Coping Skills

Discover effective ways to manage trauma symptoms and improve well-being at home.

September 24, 2024

6:00 PM - 7:30 PM

Joliet Township Board Room, 175 W Jefferson St, Joliet, IL

CONTACT US PFT@JOLIETTOWNSHIP.NET

Presentation in Spanish will be presented on a later date.
La presentación en español se realizará en una fecha posterior.



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