



Need a hand?

Your Employee Assistance Program offers confidential emotional support, as well as legal, financial and work-life guidance, whenever and wherever you need it.

**Life's challenging.
We can help.**



Call: 866-335-4904
TRS: Dial 711
TTY: 800-697-0353



Online: [guidanceresources.com](https://www.guidanceresources.com)
App: GuidanceNowSM
Web ID: Joliet86

